



We appreciate your interest!
Preparing a meal is only one of the many ways that you can be involved with Ronald McDonald House Charities of Central Georgia.

OTHER WAYS TO HELP

- Volunteer
- Have Wish List Drive
- Participate in our Share A Night Program and help fund a family's stay
- Collect Pull Tabs
- Host a Fundraiser
- Donate your Change in a McDonald's Donation Box

For more information, call us at 478.746.4090 or email paa@rmhccga.org

A volunteer or staff member will be glad to answer your questions.

Our Mission

Ronald McDonald House Charities of Central Georgia provides care and support for families of seriously ill, critically injured, or medically fragile children being treated at area medical facilities.

Our Organization

Ronald McDonald House Charities of Central Georgia is a non-profit organization. We are open 24 hours a day / 365 days a year.

We believe that home is any place where families are together. We believe that healing happens over laughter and bedtime stories. We believe that an island of refuge in a sea of chaos is as powerful as any medicine. We believe in keeping families together.

1160 Forsyth Street
Macon, GA 31201
478-746-4090



@rmhccga

www.rmhccga.org

[#KeepingFamiliesClose](https://www.instagram.com/KeepingFamiliesClose)



RMHC[®]
Central Georgia

Keeping families close[®]

Meal Program

Providing a Home Cooked Meal for families served by Ronald McDonald House Charities

WHAT MAKES THE MEAL PROGRAM SO SPECIAL?

Thanks for your interest in our Meal Program at Ronald McDonald House Charities of Central Georgia. The families that stay with us often return to the House after a long day at the hospital and cooking a warm meal for themselves may be the last thing on their minds. Giving these families the chance to sit down to a home cooked meal is just another way to make the Ronald McDonald House truly a 'home away from home' for families who need it most.

HOW MANY PEOPLE SHOULD WE PLAN ON COOKING FOR?

Plan to cook for approximately 30-35 people. Our House contains 13 guest rooms for various capacities.

WILL EVERYONE SHOW UP TO EAT AT ONCE?

Please be aware that not all families show up at once to eat. Experience has shown that perhaps 2-3 families appear at the onset, with others trickling in as the evening progresses. Although we may be putting leftovers in the refrigerator, families usually pick at them throughout the evening and into the night. The leftovers rarely survive lunch the next day!

WHO CAN SIGN UP FOR THE MEAL PROGRAM?

This is a great service project for your office, church, family, individual, or a group of friends. To avoid tight quarters we ask that you limit the number of participants to no more than 8-10.

WHERE DO WE PREPARE THE MEAL?

You may prepare the meal at your home and bring it to the House or you are welcome to use our kitchen. We can also accept fresh fruits, vegetables, and packaged food from the grocery store or restaurant prepared meals. We try to have dinner ready by 6:30 pm each evening.

WHO CLEANS UP?

We ask that if you use our kitchen you clean up as you go. Our evening volunteers will put leftovers in the refrigerator after the families have had dinner.



WHAT SHOULD WE COOK?

Don't be afraid to be creative! Just like you, our families enjoy a change of pace. We do ask that no alcohol be brought to the House. Please call us the day before to get an accurate count of our guests.

OTHER THINGS TO KNOW

We will contact you a few days before your scheduled day to remind you about your meal commitment. If you are unable to prepare a meal for that day, please let us know as soon as possible so that we can make other arrangements. When possible, please use disposable containers.

SAFE SERVE GUIDELINES

- Wash or sanitize hands before handling food.
- No volunteer may have ANY illness or symptoms of possible illness, no matter how minor at the time of preparation or delivery of the meal.
- Check expiration dates of food & ingredients.
- Label items & provide cooking instructions when necessary.
- No one who has recently been exposed to any communicable illnesses such as flu or chicken pox should come to the House.